

I. PURPOSE

This policy ensures head injuries sustained while in the care of Athlos Academy are assessed and treated appropriately.

II. DEFINITIONS

- A. Physical Activity: Any fitness education class, sports practice or games, and/or physical activity at recess.
- B. Youth Athletic Activity: Means any sport or other athletic activity related to competition, practice, or training exercises which is intended for youth athletes and at which a coach or official is present; also referred to as extracurricular athletic activities.

III. POLICY

- A. Athlos Academy shall designate the following qualifications and notifications as standard protocol for addressing potential head injuries:
 - 1. All coaches and Physical Education teachers will be qualified to appropriately respond to sports injuries in accordance with state law.
 - 2. As part of student registration, parent/guardian(s) **must** acknowledge Athlos Academy's *Head Injury Policy* if their child participates in extracurricular school sports, or any physical activity during the school day.
 - 3. Athlos Academy will include an annual notice regarding the school's head injury policy prior to the start of each school year.
- B. Athlos Academy recognizes that the symptoms of a traumatic head injury includes, but are not limited to, the following:
 - 1. Transient confusion, disorientation, or impaired consciousness;
 - 2. Dysfunction of memory;
 - 3. Loss of consciousness; and
 - 4. Signs of other neurological or neuropsychological dysfunction, including: seizures, lethargy, fatigue, vomiting, headache, or dizziness, etc.

- C. In the event that a child is suspected of sustaining a head injury, the child shall:
1. Be directly removed from the physical activity;
 2. Evaluated according to state law; and
 3. Will not be allowed to resume the sport or recreation activity on the same day the injury occurred, and furthermore, will be barred from returning to the activity until all of the symptoms are gone and written medical clearance is provided according to state law.
 4. This does not create any additional liability for, or create any new cause of legal action against Athlos Academy or any personnel or volunteer of the school.
- D. Each Athlos Academy coach involved in youth athletic activities must receive initial online training and online training at least once every three school years thereafter in accordance with Minn. Stat. § 121A.38, Subd. 2(b).

Legal References:

[Minn. Stat. § 121A.38](#)