Performance Character Trait

BINGO

Courage	Integrity	Leadership	Energy/Zest	Creativity
Try a new food	Do a service without being asked	Help make family goals	Watch a sunset/rise	Find 3 new ways to use common household items
Curiosity	Focus/Self-control	Social Intelligence	Creativity	Optimism
Go on a mini adventure	Learn how to meditate	Share with a friend/sibling	Find 3 ways to balance a ball	Overcome a hard task
Grit	Humility		Initiative	Leadership
Make steps to reach a goal	Do a secret kind act	FREE	Do a household chore without being asked	Play "Simon Says"
Energy/Zest	Creativity	Initiative	Focus/Self-control	Grit
Go on a daily 15 minute walk for a week	Write a short story using shadows	Give a random shout-out to a friend	Play green-light red light	Challenge yourself to beat a personal record
Focus/Self-control	Grit	Optimism	Curiosity	Energy/Zest
Build something out of cards or dominos	Practice a forgotten skill	Name 3 things you are grateful for each day	Learn about an animal or insect	Learn a new skill