MESSAGE FROM THE **DIRECTOR**

Dear Athlos Families,

Wednesday, November 6 was the end of the first quarter. Report cards will be sent home in student's backpacks next Thursday, November 14. Make sure to ask your child for their report card. Included with the report card will be a letter explaining standards-based grading.

The goal of standards-based grading is to give parents a consistent, accurate, and informative snapshot of what a child knows and can do at a particular point in time. In contrast to traditional grading methods, standards-based grading allows you to identify your child's specific strengths and areas for improvement.

I read an article last week called, "Want to Raise Smart, Kind Kids? Science Says Do This Every Day." This article focused on one Keystone Habit. A Keystone Habit is a habit that kicks off a chain reaction of other influences. In other words, by focusing on just one Keystone Habit, you can have a positive influence in many other areas. The one Keystone Habit that this article centered on that resulted in producing smarter, kinder kids is to read to your child for 10-15 minutes everyday.

By reading to your children everyday, the chain reaction begins. It creates an exposure to more words, developing a larger vocabulary which allows students to better understand their teacher and develops the ability to learn more. It creates better readers who can acquire more knowledge. It creates more empathetic children by exposing them to life experiences through the eyes of many characters. It also creates a strong bond between parents and children. Reading aloud to your children has many positive influences and only costs time. The investment is small but the outcome is substantial.

Respectfully yours,

Randy Vetsch



Randy Vetsch



The mission of
Athlos Academy
of St. Cloud is
to provide high
quality educational
opportunities for the
whole child built on
the three foundational
pillars of Prepared
Mind, Healthy Body,
and Performance
Character.

UPCOMING EVENTS

VETERANS DAY PROGRAM | NOV. 11

9 a.m. - Kindergarten to 4th grade 10 a.m. - 5th to 8th grade

OPEN HOUSE | NOVEMBER 12

6 to 7:30 p.m.- New Student Open House

REPORT CARDS | NOVEMBER 14

First Quarter report cards will be sent home with students.

SCHOOL BOARD MEETING | NOV. 25

5 to 7 p.m.

NO SCHOOL | NOVEMBER 27

Professional development—no school for students

THANKSGIVING BREAK | NOV. 28-29

No school for students or staff

PTA CRAFT SHOW | DECEMBER 7

10 a.m. to 4 p.m. - Craft and Bake Sale

PTA WINTER CARNIVAL | DECEMBER 7

10 a.m. to 4 p.m. - games and prizes

MIDDLE SCHOOL CHOIR AND BAND CONCERT | DECEMBER 7

7 p.m.

3RD-5TH GRADE CONCERT | DEC. 17

2 p.m. - "A Trip Across The USA"

DRAMA CLUB DESSERT THEATER | DECEMBER 19

7 p.m.

School uniforms can be purchased in the school office on Fridays from 10 a.m. to 2 p.m. School tours from 9 a.m. to 2 p.m. on Tuesdays and Thursdays during the month of November.

ANNUAL FOOD DRIVE

Athlos Academy PTA is hosting their 2nd annual food drive. Please bring in your non-perishable items starting December 1. We will be concluding the drive on December 20. All donations will be given to St. Cloud food shelf. We believe in not only helping our school but helping our community as well. Anything you can bring would be greatly appreciated.



PREPARED MIND

The Prepared Mind Pillar at Athlos Academy of St. Cloud is centered on academic programs that will prime students with the knowledge and critical thinking skills they need to excel.

Academics

Athlos Academy is excited to be a participating member of MN Reading Corps program. We have added two literacy tutors to our support staff team. Jake Sells and Jeffrey Page are both currently serving as literacy tutors in grades K-3.

Reading Corps Program Model supports the implementation of Multi-Tiered Systems of Support. This model incorporates frequently assessing students' literacy skills and reviewing this data to make instructional decisions.

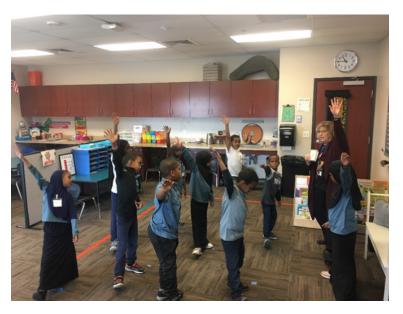
Mission:

Reading Corps envisions a future in which all children will be proficient readers by the end of third grade. Reading Corps demonstrates how service and science can accelerate improvement in both students and systems.

News from the EL Department

Student engagement is in full swing in all of our grade levels. Our kindergarten students are working hard to learn their letter names and sounds and our middle school students are practicing cursive writing as they prepare the presentation they will be doing next week.

EL will be hosting our 3rd annual Ice Cream Social on November 25 & 26. EL students will be excused from their supplemental classes for 30 minutes to attend the event. Our students love gathering together to socialize and build relationships with their peers and teachers.





HEALTHY BODY

The Healthy Body Pillar allows students of all athletic abilities to participate in professionally developed, age-appropriate fitness curriculum.

On October 17, we held our Fall Fun Run during Athletic Movement classes. The running course was just over a mile for our students, who showed tremendous grit, courage, and leadership throughout the event. Everyone who participated, finished the run, which was the highlight for us as coaches and as a school! Within each grade level, we awarded a first place trophy to each winner for both boys and girls, and a first place to the grade level class section with the best overall average time. It was a lot of fun to see the competitiveness of our students really come out, and even more fun to see everyone cheering on their classmates to complete the run. The results from the grade levels are listed below:

Class Winners	Fastest Boys	Fastest Girls
8th Grade – Mr. Marqus	Yahye Farah	Sumayo Mohamud
7th grade- Mr. LeBeau	Deaundre Chapman	Natali Dunlap
6th grade- Mr. Luckey	Abdirahman Omar	Renee Keller
5th grade- Ms. Johnson	Chase Foy	Maryanrun Mage
4th grade- Ms. Waid	Abdimalik Ali	Bree O'Brein
3rd grade- Mrs. Saurer	Matthew Remer	Sophia Fernandez
2nd grade- Mrs. Johnson	Said Barragan Chabaud	Isabella Dombrovski
1st grade- Ms. Jambretz	Calvin Brackins	Nimo Mohamed
Kindergarten- Mrs. Amundson	Harun Mohamed	Brianna Owens

PERFORMANCE CHARACTER

The Performance Character Pillar is the foundation of school culture and promotes 12 key character traits: Grit, Leadership, Social Intelligence, Creativity, Courage, Energy/Zest, Initiative, Curiosity, Integrity, Optimism, Humility, and Focus/Self Control.



During the month of October, Athlos fourth grade students sponsored a service learning project called Socktober. For Socktober, our students collected donated socks for the local homeless shelter.

Their goal was to collect 759 pairs of socks. We are proud to announce that they surpassed their goal and collect 978 pairs. Congratulations fourth-grade students! We are very proud of you!

We are through two months of school and are now starting to dive into a deeper understanding of our character traits and how the students can apply them to their every day life. We focus on each character trait for two weeks to promote mastery of that trait. The students have been working very hard this year and we wanted to acknowledge those students who have shown us this mastery already for leadership and humility. A celebration ceremony for family and students is on November 7, 2019. The students nominated are below. Congratulations to you all and keep up the excellent work!

Leadership:	Humility:	
K- Winward Nicol	K- Lilly Cooper	
1st- Elaya Guerrido	1st- Ruman Hussein	
2nd- Isabelle Larson	2nd- Baylee Turnbloom	
3rd- Kaylin Turnbloom	3rd- Melody Crocker	
4th- Hanad Abdi	4th- Elizabeth Lindell	
5th- Nia Ugochukwu	5th- Evi Hawkenson-Vogel	
6th- Renee Keller	6th- Hasna Abdekeni	
7th- Oumou Bah	7th- AudriAnna Roben	
8th- Fatoumata Bah	8th- Neveah George	

NOVEMBER STAFF OF THE MONTH

This school year, we will be recognizing staff of the month. The staff of the month are members who exemplify a growth mindset, have a "together we are better" mentality, and are leaders of Performance Character and the Titan Code.

This month's staff of the month are Mrs. Johnson, Ms. Meyer, and Mr. Schnitzler!

These three have exemplified Athlos character traits and a true Titan spirit. We can't wait to see what they bring to the table the rest of the year! Thank you for all of your hard work!







STAFF HIGHLIGHT: MICHELLE SCHULTZ, FIRST GRADE TEACHER

In October I had the opportunity to travel to Eastleigh, Kenya. I went with a volunteer group to teach English to Somali residents. I had the opportunity to assist in teaching daily English classes at a school for adults and an English club to adults in the greater community. I left Africa excited to try to bring more English education opportunities to adults in the St. Cloud area. Our awesome administration has been supportive of allowing me to explore how we might support our English Language Learner's parents!

It was incredible to experience life in Africa especially since some of

our students have family ties in Eastliegh. We spent a lot of time walking to our destinations. Busy life in Eastleigh is very different from busy life in St. Cloud! I loved seeing and experiencing authentic Somali culture. A few places reminded me of Minnesota, including one that was like the Riverside Mall in Minneapolis!

Traveling to Kenya helped me to understand more about my Somali students' history and be more observant of how we can incorporate their culture further each day!



