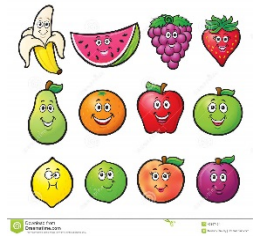




SEPTEMBER LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 LABOR DAY NO SCHOOL</p>	<p>3 WG Chicken Patty on WG Bun w/ Mayo Grape Tomatoes Tossed Salad w/ Dressing Fruit Milk</p>	<p>4 BBQ Beef Meatballs Seasoned Mashed Potatoes Fresh Broccoli Sliced Bread/ Butter Fruit Milk</p>	<p>5 Turkey Sausage & Pancake on a Stick W/ Maple Syrup Breakfast Potatoes Sliced Cucumbers Fruit Milk</p>	<p>6 Fajita Chicken on WG Tortilla Shredded Lettuce, Cheese & Sour Cream Black Bean Salsa w/Tortilla Chips Refried Beans Fruit Milk</p>
<p>9 Beef Cheeseburger on WG Bun Lettuce, Tomato, Pickle Vegetarian Baked Beans Fruit Milk</p>	<p>10 WG Corndog W/ Ketchup & Mustard Tossed Salad/ Dressing Carrot Sticks Fruit Milk</p>	<p>11 Beef Spaghetti Mixed Vegetables Celery Sticks WG Breadstick Fruit Milk</p>	<p>12 Herbed Chicken Breast Steamed Carrots Fresh Broccoli WG Dinner Roll/Butter Fruit Milk</p>	<p>13 WG Fish Sticks w/Tartar Sauce Tossed Salad w/Dressing Cauliflower w/Ranch Fruit Milk</p>
<p>16 Hawaiian Chicken on WG Tortilla Sweet Pineapple Slaw Sugar Snap Peas Fruit Milk</p>	<p>17 Beef Sloppy Joes on WG Bun Tossed Salad w/Dressing Seasoned Pinto Beans Fruit Milk</p>	<p>18 Orange Chicken over Brown Rice Steamed Broccoli Carrots Fruit Milk</p>	<p>19 LS Beef Hotdog on WG Bun Chuckwagon Corn Blend Tossed Salad w/Dressing Fruit Milk</p>	<p>20 Sliced Deli Sandwich w/ Cheese and Mayo on WG Bun Fresh Green Beans Jicama Sticks Fruit Milk</p>
<p>23 Egg & Cheese Omelet Breakfast Potatoes Fresh Sliced Peppers WG Muffin Fruit Milk</p>	<p>24 WG Chicken Nuggets w/BBQ Steamed Green Beans Vegetable Pasta Salad Fruit Milk</p>	<p>25 Taco in a Bag W/ Lettuce, Cheese, Sour Cream, Taco Sauce & Diced Tomatoes Baby Carrots WG Dinner Roll/ Butter Fruit Milk</p>	<p>26 WG Cheese Lasagna Rollup and Marinara Mixed Vegetables WG Breadstick Fruit Milk</p>	<p>27 NO SCHOOL</p>
<p>30 Mediterranean Chicken Brown Rice Pilaf Fresh Vegetables Fruit Milk</p>				<p>NO PORK SERVED ON THIS MENU WG= WHOLE GRAIN LS=LOW SODIUM TOSSED SALAD= ROMAINE AND SPINACH AND SOME ICEBERG BLEND</p>



Additional condiments available upon request.
 THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENUS SUBJECT TO CHANGE BASED ON AVAILABILITY OF ITEMS
 * INGREDIENTS SUCH AS PEANUTS, NUTS/SEEDS, MILK, EGG, SOYBEAN, GLUTEN, AND OTHER PRODUCTS MAY BE USED IN THE PRODUCTION OF THE MENUS.
 Questions on the menu please visit www.newhorizonfoods.com or info@newhorizonfoods.com